

Heartfelt Reflections

1. What is one small kindness you can offer today that might make someone's Thanksgiving brighter?
2. How can you turn gratitude into action beyond this holiday season?
3. What family tradition reminds you most of connection and togetherness?
4. How can gratitude help proactively bring hope and healing to your commUNITY and to Israel this year?
5. What does "enough" mean to you and how does that shape your gratitude?
6. Who has quietly supported you this year that you haven't yet thanked?
7. What does your ideal Thanksgiving look like — not in food, but in feeling?
8. How can we make sure everyone has something to be thankful for next year?
9. What's one way to express gratitude without words?
10. How do you want others to remember the way you gave thanks this year?



Questions for Connection

1. If gratitude were a color, what color would it be and why?
2. Share one thing you're grateful for this week that you couldn't have said last year.
3. What is one act of generosity you've witnessed that inspired you recently?
4. What can your family do together this week or month to bring joy to others?
5. How do you practice gratitude when life doesn't go as planned?
6. What is one sound, smell or taste that instantly reminds you of Thanksgiving?
7. How can you make someone else feel seen or appreciated today?
8. If you could thank one person who shaped your values, who would it be?
9. What does the phrase "Thankful. Grateful. Blessed." mean to you personally?
10. How can you carry the spirit of Thanksgiving forward into Chanukah and the rest of the year?

Thanksgiving Questions

1. Who are the people in your life that you are most thankful for?
2. Who would you rather have a thanksgiving meal with; friends or family?
3. Do you usually spend time with your family or with friends on Thanksgiving, or with both?
4. What is one place in your life that you are thankful for?
5. Why is it important for people to show gratitude?
6. What are some ways that people can show gratitude?
7. What is something that you did that someone can say thank you for?
8. What is something someone else did that you can say thank you for?
9. What two items of clothing are you most thankful for? And why?
10. What other people besides your family are thankful for?
11. What technology are you most thankful for?
12. What are your favorite things about Thanksgiving?
13. What food are you thankful for?
14. What games are you most thankful for?
15. Which family members are you thankful for?
16. Why do you think watching football became popular for some people on Thanksgiving?
17. What is your ideal time to watch football on Thanksgiving?
18. Does watching football on Thanksgiving interest you?
19. What do you think the Thanksgiving Day Parade symbolizes?
20. Do you enjoy watching the Thanksgiving Day Parade either in person or on TV, or does it not interest you?
21. Do you shop on Black Friday?
22. What things do you like to buy on Black Friday?
23. Why do you like to buy items specifically on black Friday?
24. Do you find Thanksgiving meals comforting?
25. What's your favorite food to eat on Thanksgiving?
26. What are your feelings about Thanksgiving?
27. What are your favorite Thanksgiving colors?
28. What is your favorite Thanksgiving tradition?
29. How do you feel when the leaves start to switch different colors during the Thanksgiving season?