

Thanksgiving Service Ideas

1. Actively bring some joy, humor and happiness to your table and family.
2. Buy gift cards to donate to a local agency.
3. Call family and friends just to see how they're doing.
4. Create Caring Kits to be distributed for people in need.
5. Clean out your closet and donate items that are in good condition.
6. Clean up your community public spaces.
7. Discuss with your family ways that you can serve and help your community.
8. Donate food to local food pantries/banks. If you can, go shopping with your children and/or grandchildren and bring the items to your local food pantries/banks.
9. Donate winter coats and other warm clothing to a homeless shelter.
10. Go shopping to get toys for your local Chanukah or holiday toy drive.
11. Help a neighbor clean their yard.
12. Help provide a Thanksgiving meal for someone in need.
13. It is never too late to host others who may not yet have plans for Thanksgiving.
14. Offer to run errands for people unable to leave their homes.
15. Organize a book drive.
16. Participate in a Turkey Trot or a charity event.
17. Purchase a turkey for a family in need.
18. Read to seniors at a nursing home.
19. Teach people a new skill.
20. Prepare cards or bake and deliver cookies to your local fire and police departments.
21. Use some creativity to make art and jewelry with messages of hope of positivity.
22. Use your talents and time to help organizations in your community.
23. Volunteer at a hospital or senior center.
24. Without being asked help to set up, serve or clean up at your Thanksgiving meal.
25. Write thank you letters to your children, grandchildren, teachers, parents, grandparents and/or others you know that would appreciate it.



ThanksGIVING Questions

1. Can you think of a special family memory?
2. Do you have a special “happy place” in your life that you are particularly thankful for?
3. Have you ever told the people in your life that you are thankful for them?
4. How do you actively show kindness to others?
5. How do you show thanks, gratitude and appreciation?
6. How do you focus on having an attitude of gratitude during tough times?
7. If you could thank a person who profoundly impacted you, who would it be? Why?
8. Since last Thanksgiving, what are you most grateful for?
9. What lesson do you think is particularly important to share with the younger people in your life?
10. Today what are you most grateful for?
11. What was something challenging that you were grateful to experience or learn?
12. What makes you a good friend?

