



SENIORS: CARING & SHARING



This transformational intergenerational program is open to freshman, sophomores and juniors and requires a commitment to attend the training sessions as well as the sessions with senior citizens at CareOne at Teaneck. The sessions with the senior citizens will be interactive and include crafts, conversation, games and more. The training sessions will provide a context for this program and tips to help make it meaningful and memorable for you and the senior citizens. The goal is to really get to know the senior citizens while you actively grow, reflect and learn new skills that you can use throughout your life.

TENTATIVE SCHEDULE

Session 1, December 28th
Session 2, January 25th
Session 3, February 8th
Session 4, February 22nd
Session 5 March 8th
Session 6, March 29th
Session 7, April 19th
Session 8, May 3rd
Session 9, May 17th

To express your interest in participating, please e-mail info@areyvut.org and provide your grade, school, home address, cell phone number and briefly explain why you want to participate.

Sessions will meet from 5:30-7:30 pm at CareOne, 544 Teaneck Road

For more information please contact us at 201-244-6702 or info@areyvut.org