

Questions for Discussion & Reflection

- What makes you special?
- What inspired you this year?
- What are you thankful for?
- If you could have any superpower, what would it be and how would you use it?
- What is one way you want to improve yourself and grow this coming year?
- If you can change one thing about the world, what would it be?

Reflecting on the Past, Planning for the Future

- Where were you last Rosh Hashana?
How will this one be the same or different?
- What accomplishment brings you great pride or joy from this past year?
- What is something you want to let go of from this year?
- What relationship do you want to strengthen this year?
- What is one thing you want to abstain from this year?
- Where is a place you hope to visit this year?
- What is one new habit you would like to adopt?
- What is the most important lesson you learned this year?
- What is something that you regret not having done this past year?
- What topic or mitzvah do you want to explore more this year?

The Change You Want to See

- You know changes you want to make. What is holding you back from making them?
- Who would you like to be this coming year given who you have been this past year and what you carry with you from it?
- How can you give yourself a fresh start without ignoring the past? How can you do that for others?
- What can you do with your life?