



A KINDNESS A DAY FOR KIDS

DECEMBER 2020

THEME:
Generosity



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Surprise a friend with an online gift.	2 Identify a children's hospital and ask whether you can ship them a card, note or small gift for the pediatric department.	3 Identify a soup kitchen and ask whether you can ship them a gift for the upcoming holidays.	4 Get up early and prepare breakfast for the people you live with.	5 Don't eat the last cookie!
6 Reflect on the gifts you receive from God and pay it forward.	7 Although Dayenu is sung at Passover, adapt a contemporary and original version to appreciate the generosity bestowed upon you.	8 Think about tzedakah and n'deevut. How are they the same and consider the differences.	9 For one week, cut out any article or photograph that makes you smile. Share it with a grownup or friend at the end of the week.	10 Bake challah and ask for people's names to make a misheberach.	11 Bake mini challot and deliver them to neighbors and friends.	12 Check up on neighbors and synagogue friends and make sure everyone is OK and whether they require something you can do.
13 Save empty ice cream pint containers and plant herbs in them. Gift them to a friend or neighbor.	14 Order beads and make people you love a mask necklace. Nothing says you care more than a handmade gift.	15 Support a friend, even when you don't agree with them.	16 Start your day with doing something for others.	17 Thank someone for things you often take for granted.	18 Make a playlist for a friend.	19 After any meal, remember to thank the person who cooked and served the meal to you.
20 Thank your bus driver and tell them to have a good day.	21 Happy Winter! Snap a photo of yourself enjoying the great outdoors and share it.	22 Thank the person who drove you anywhere.	23 Give your friend (or teacher) the benefit of the doubt.	24 Call someone a friend, grandparent or neighbor and ask them about their day.	25 Clean up a mess without being asked.	26 In this time of COVID-19, call or e-mail a relative, neighbor or friend and reminisce about a time you shared together.
27 Plan a Zoom/virtual family or friend gathering. Knowing others are thinking of you - even remotely - can mean a lot.	28 Get permission and create a kiddush to go bag, filled with packaged cookies and juice boxes - to distribute to people who attend synagogue.	29 Prepare a food package and gift it to a neighbor or friend.	30 Shopping? Leave your shopping cart clean (without bags or paper) and return it to the shopping cart carousel.	31 Take the time to clean up around your room. Kindness is found oftentimes in the simplest of gestures.		