

# Rosh Hashanah



## Telling Our Stories-Sharing Our Lives

[www.areyvut.org](http://www.areyvut.org)

Rosh Hashanah is a time when we gather with our families to celebrate the previous year and to look forward to the upcoming year. At Areyvut, we invite you to use Rosh Hashanah as a time of reflection and connection, a time to reflection on your personal story and to hear the stories of your family and friends. Use the following questions to spark the conversation. (Questions are modified from <https://storycorps.org/participate/great-questions/>.)



Who has been the most important person in your life?

What were the happiest moments of your life?

Who has been the kindest to you in your life?

What is your earliest memory?

What is your favorite memory of me?

Is there anything that you've never told me but want to tell me now?

Was there someone who had a particularly strong influence on your life?

What are the songs you used to sing as a child? Can you sing them now?

What traditions have been passed down in your family?

What do you hope your future holds?

How has your life been different than what you had imagined?

What are the family stories that you want to make certain your grandchildren know?